



Formation



Hospitality



Prayer



Service

## Office of Parish Stewardship

We are pleased to present our February issue of **ONE FAMILY IN MISSION** newsletter. We invite you - as part of that **FAMILY** - to share articles, best practices and any other items that you believe would benefit our community of Stewards. Please send them to [tzalud@drc.org](mailto:tzalud@drc.org).

PLEASE LET US KNOW WHAT ELSE YOU WOULD LIKE TO SEE!

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## Prayer, Fasting and Almsgiving

Our Lenten journey begins this week and through the three Pillars of Lenten observance -- *Prayer, Fasting and Almsgiving*, we can dive deeper into our personal relationship with the Lord. Prayer is important in our every day life; however, Lent is a great opportunity to increase our prayer time, even to discover a new method of prayer, such as Lectio Divina or the St. Ignatian Daily Examen. Our parishes around our diocese offer a multitude of prayer services to engage in during our preparation of the risen Lord. What a wonderful way to join with our community of faith and to be a part of the living Body of Christ.

We are called to fasting because it is a spiritual and physical purification. We normally think of fasting with regard to giving up an indulgent food, but the "fast" can be a daily activity that may lead us away from God, such as watching a mindless TV show or spending time searching the web (other than for a good prayer). Our goal is to use time -- well spent, growing closer to God with a clear mind. A fast from an activity can also be used in service to others. Almsgiving is a wonderful way to show compassion and is a special way that we can reach out to those in need.

Our Church has embarked on the **Eucharistic Revival** and Lent is the perfect time to be a part of this movement designed to restore understanding and devotion to the great mystery of the Eucharist. Parishes in our diocese joined by other dioceses throughout our country have been and will offer events to rediscover the understanding of the Mass and true presence of Christ in the Eucharist. Why is this so important -- by re-committing ourselves to the source and summit of our lives, we are fueled to meet the challenges to heal our world during these ever-changing difficult times. If your parish hasn't started its Eucharistic Revival yet, be sure to check out a neighboring parish that has begun. Keep your eye out on Diocesan-wide events that will be announced.

Read Bishop Barres Lenten Message

[Click here for English](#)

[Click here for Spanish](#)



## COFFEE with JESUS

Lenten Series via Zoom

Join Bishop Andrzej

10:00 am on Friday mornings during Lent:  
February 24, March 10 and March 24

Online Lenten reflections  
on Scripture Readings,  
with the special emphasis  
on the Last Words of Jesus.

Great opportunity to prepare and nourish your mind, spirit and  
heart in preparation for Easter.



To register,  
please call Suzanne 516-744-6850  
or email [westernvicariate@drvc.org](mailto:westernvicariate@drvc.org).

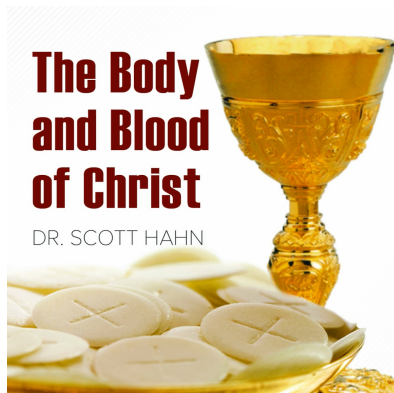
Once you are registered, you will be emailed the  
ZOOM information prior to each session  
of this Lenten series.

Here's an opportunity to  
prepare and nourish your  
mind, spirit and heart this  
Lent

Coffee with Jesus presented  
by Bishop Andrzej  
Friday 2/24  
3/10 or 3/24

To register, call Suzanne  
(516) 744-6850 or email  
[westernvicariate@drvc.org](mailto:westernvicariate@drvc.org). A Zoom  
link will be sent to you after  
registration.

## Formed Stewardship Content of the Month



### The Body and Blood of Christ

DR. SCOTT HAHN

Each month, our office suggests  
Stewardship content from Formed.org  
that will help you grow in the faith! If  
you are not signed up with Formed.org,  
check with your parish to see if they  
have a subscription. This month, we  
recommend a an audio titled "*The Body  
and Blood of Christ*"

Office of Parish Stewardship  
(516) 678-5800 ext. 285  
May God bless you and your  
loved ones!

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